



The Healthier Way To Beautiful Nails!

The “Natural Silk” System Application Process

Instructions

Step one assumes that the client needs a full set of nail tips. Remember to always wash your hands and the client as well before getting started. Natural nails must be free of lotions and oils before starting process. Using an orangewood stick and cotton dipped in acetone, wipe the client’s nails and let dry a few seconds.

Note: If client is switching from other systems such as acrylics, to The “Natural Silk” System, use only acetone remover when soaking off product. Natural nails must be free of lotions, oils, etc. It is a good idea to wipe natural nails with acetone before starting process.

Step 1

First, you have to start by fitting the nail properly. The tip should not touch the skin at all. It should match the natural curve of the nail bed. You may have to shape it a little with an emery board to match it perfectly. When applying nail extensions, shape tips so that they do not touch the skin or cuticle in any way. It is a good idea to shape a little narrower than the width of the natural nail bed just to make sure the artificial nail tip does not touch the skin. If using a full bed tip, it is recommended to use a tip that is somewhat flexible. If using a tip with a smaller bed, then be sure to place it half way down the natural nail bed.

Be sure to push cuticles back with your emery board. The tip should be buffed very little on the inside before applying as well as the natural nail itself to insure a strong bond with our Cindi Bonder. Also, you have to keep the cuticle pulled back firm in your other hand so you can apply a decent amount pressure when attaching the tip. Apply a small amount of the Cindi Bonder to both sides of the curve under the nail tip as well as a fine coating on the natural nail. Bonder should not touch the skin at all. If any bonder touches the skin, dip your orangewood stick with cotton in acetone and wipe off skin immediately. Bonder should not ooze out sides of nail tip. Look closely and position the making sure no air is between the nail and the tip. After a few seconds, cut the tip to the desired length. Do not use a drill because there is no way of knowing how much of the natural nail is being shaved off. File the nail tip to the desired shape and length. Buff lightly to smooth the nail tip edges and file down the area where the tip meets the natural nail. Try not to file the client's natural nail. The nail tip must be buffed smooth and flush to the natural nail.

Note: If the client does not need tips but just wants a "silk wrap" for reinforcement, you can start The "Natural Silk" System process with Step 2. Also, if the client is coming in for a fill in with tips, you can start with Step 2.

Step 2

Note: If you are starting with Step 2 because you are not applying tips or the client is coming in for a fill, you must wash your hands and the client's hands first before starting. You may want to buff lightly to smooth any edges and re-file the nails to the desired length and shape.

Apply the Cindi Blend and cover the area where the natural nail meets the nail tip and cover the entire nail tip.

Note: The Blend is very strong and should be used sparingly. The best way to control the amount of Blend you are applying is to remove the Blend brush slowly out of the glass bottle and let drip off a little. Do not remove excess Blend on the brush with the sides of the bottle top. It will cause the Blend to harden making the seal of the bottle crusty and hard to open.

As you dip the nail into the Cindi Powder, be sure to scoop the finger toward you for full coverage. Do not cover the entire nail with blend or powder. Leave the area near the matrix uncovered so the nail can breathe and grow. Approximately 1/3 of the natural nail should not be covered with product. (we will call this 2/3 nail area of coverage - zone 1)

Dip the nail tip into the Cindi Powder a second time for extra strength. Do not dip as far as the first time. Dip approximately 1/2 way down the nail (we will call this nail area of coverage – zone 2) You can dip a 3rd time if necessary but again, dip less than the first 2 times (we will call this 1/3 of the nail – zone 3) Let it set as you do the remainder of the nails on that hand. Use a wide cosmetic brush to eliminate excess. Spray with Cindi Accelerator to set. Do not spray with Accelerator between dips! It will contaminate the Blend. Only spray with Accelerator after all dipping. You must cover the entire powdered area with Accelerator after dipping. You can easily see a powdery area if you have missed a spot. It will be a slightly different color. It is okay to spray accelerator again to cover the entire dipped area.

Note: If you decide after spraying that you still need extra coverage, than you must buff lightly to remove the top of the accelerated layer after it dries and start with the additional layer of blend and powder. You need to buff off all accelerated layer first.

Step 3

Lightly buff nails and then apply a thin layer of the Cindi Bonder over the dipped area and let that set for a few seconds. Buff to a smooth silky finish. The key is to make sure that there is no seam between the natural nail and the tip. Make sure it's perfectly even and has a fine finish to the touch. Once you have done that, apply a little oil and hand lotion to their hands and give them a hand massage if that is part of your manicure service.

Brush all the nails clean. Use an orangewood stick with cotton dipped in remover to clean off the nails over and underneath. Test to make sure that it is perfectly smooth. We ask the client to gently rub their nails on the manicure towel. This wipes away excess particles as well as making sure once again that there are no imperfections.

Step 4

Apply Cindi Base Coat. This base coat is specially formulated to work in harmony with the rest of the system. It is very important to apply 2 thin coats and let dry 1 to 2 minutes before applying polish. Two thin coats of base coat is very important because it ensures that the entire nail bed will be covered. Cindi Nails base coat may appear a bit "wavy" after applying to nails. This wavy texture is part of what makes Cindi Nails base coat a more durable product.

Apply polish and let dry 1 -2 minutes before applying Cindi Top Coat.

VERY IMPORTANT: DO NOT USE THINNERS in the Cindi Nails base coat or top coat. It will break down the ingredients and may compromise the integrity of the product.

Additional Uses for The “Natural Silk” System

Full Fill In

When client returns for a fill in, look closely at each nail tip and assess what should be done with each one. If there is any lifting or separating, make sure you identify where extra reinforcement is necessary. Buff areas needed. If clients nails are starting to look thick after coming in for several fill ins, it may be time to soak off the nail tips and start over with Step 1. See below for removing tips instructions. Otherwise, start with Step 2 in The “Natural Silk” System process.

Broken Nail

If a client comes in with natural nails for a manicure, and one of their nails is broken, you can use the Natural Silk System to repair it. First you locate the crack, buff lightly, apply Cindi Bonder to the crack, and hold tight a few seconds. Buff lightly, brush on Cindi Blend to cover crack and free edge, dip in Cindi Powder. Spray with Cindi Accelerator. Buff lightly and cover with the Cindi Bonder – buff to a fine silky finish.

Removing Tips

Removing the nail tips with The Natural Silk System is very simple, just 5 minutes in acetone remover will remove them, leaving the natural nail intact. Soak the nail tips only in the acetone remover. It is not necessary to have the client immerse their fingers in the chemical. Wipe off tips and lightly buff off excess product. The nail

underneath should be strong and healthy. In cases where the nail may be a little thin, you will apply The “Natural Silk” System as a “silk wrap” to strengthen until the nail is healthy enough to hold a manicure on its own.

Light manicure touch ups

If a client comes in for a polish change or just a touch up on her tips, and the nails are in good shape, and there are no repairs needed, you can do a quick reinforcement by just

buffing lightly to reshape and freshen the nails and then apply a thin coat of bonder to reinforce where the natural nail meets the tip. Buff out to a silky smooth finish.

Continue with Step 4.